

Relationship between WAGASHI and the JAPANESE FOUR SEASONS

Kurashiki Amaki High School

Yokoyama Chihiro

I. INTRODUCTION

I found we can understand and feel the mood of the seasons through WAGASHI.

II. PURPOSE

WAGASHI are not only delicious but also very beautiful. So I introduced these traditional sweets to American student.

III. RESULTS

I, WAGASHI for the 4 seasons

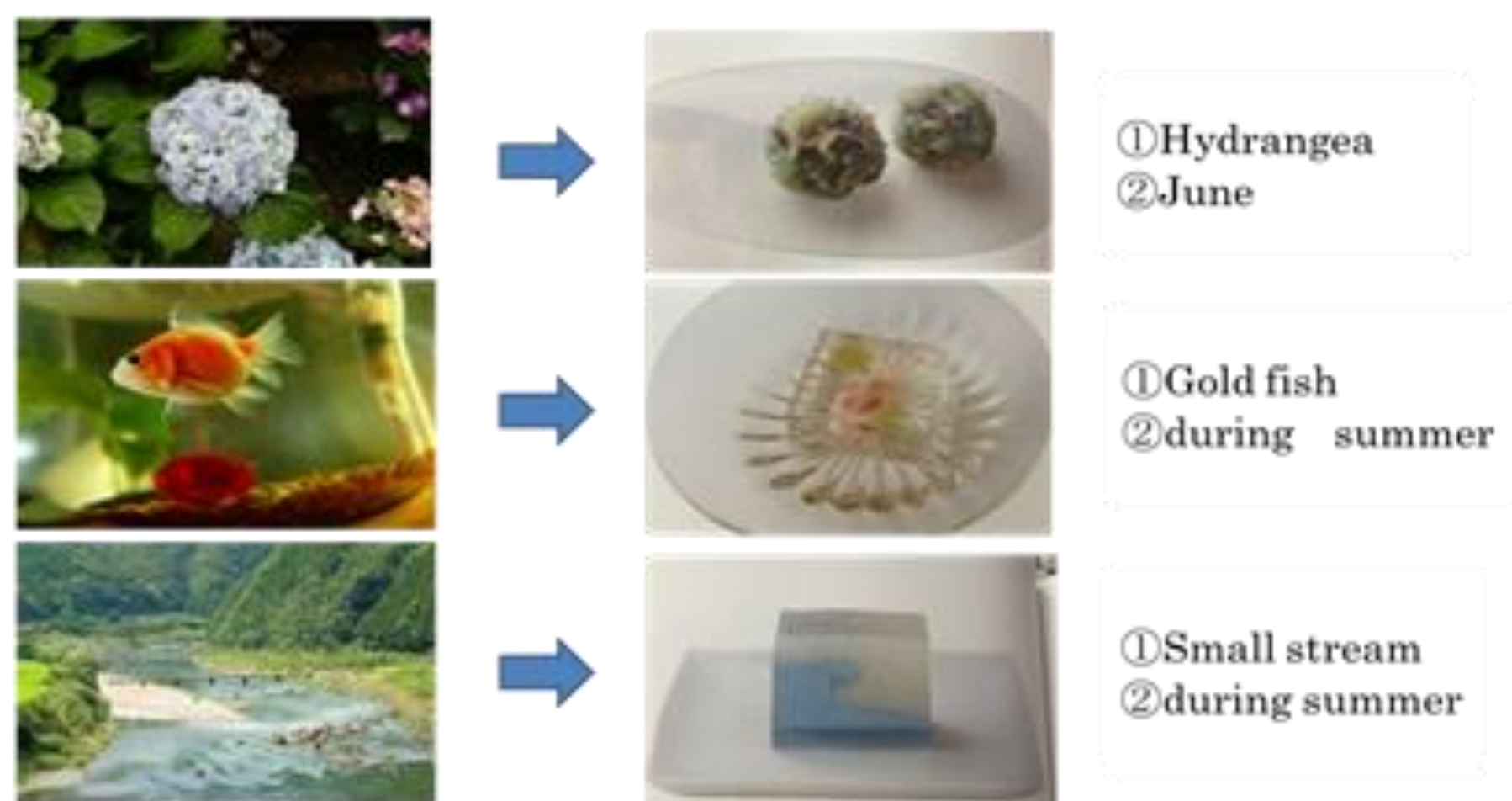
Spring



bloom, bright color

Spring WAGASHI make us feel the warmth of spring.

Summer



water, summer festivals

Summer WAGASHI make us feel cool.

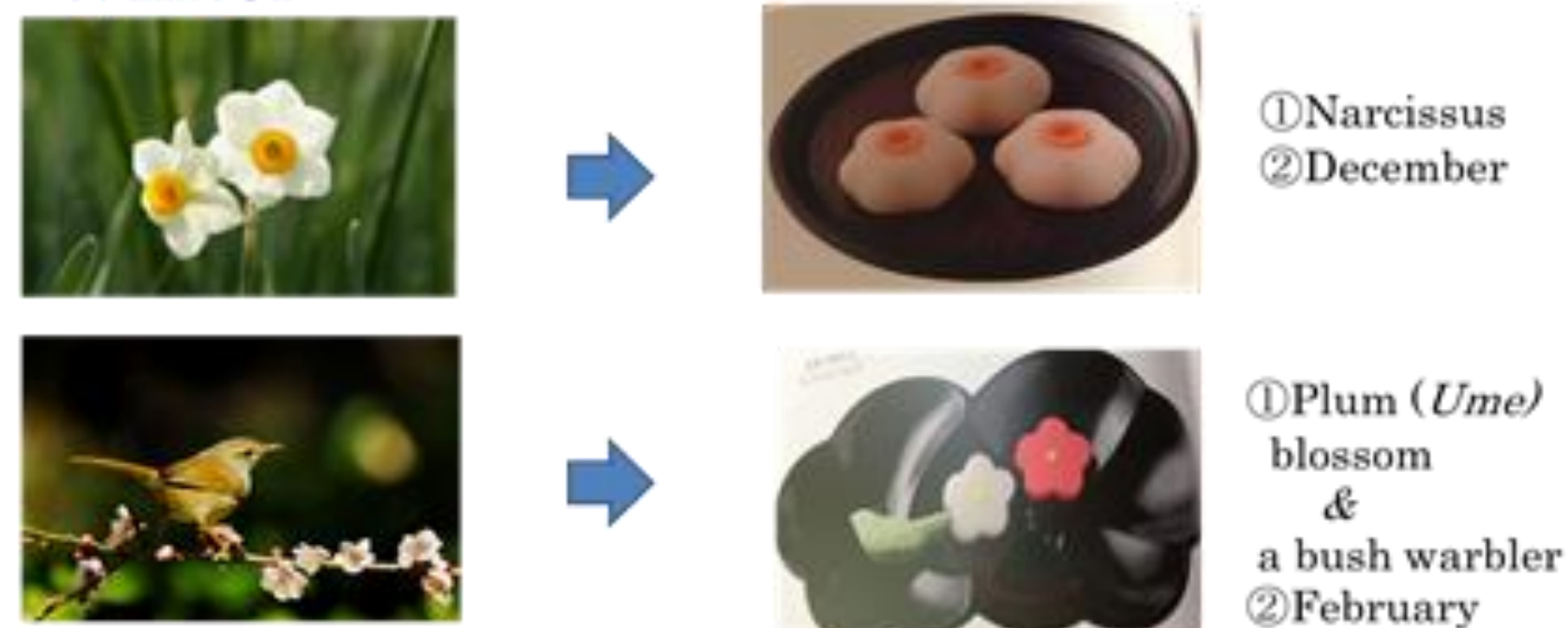
Fall



Buddhist altar, MOMIZIGARI

Fall WAGASHI make us feel silence.

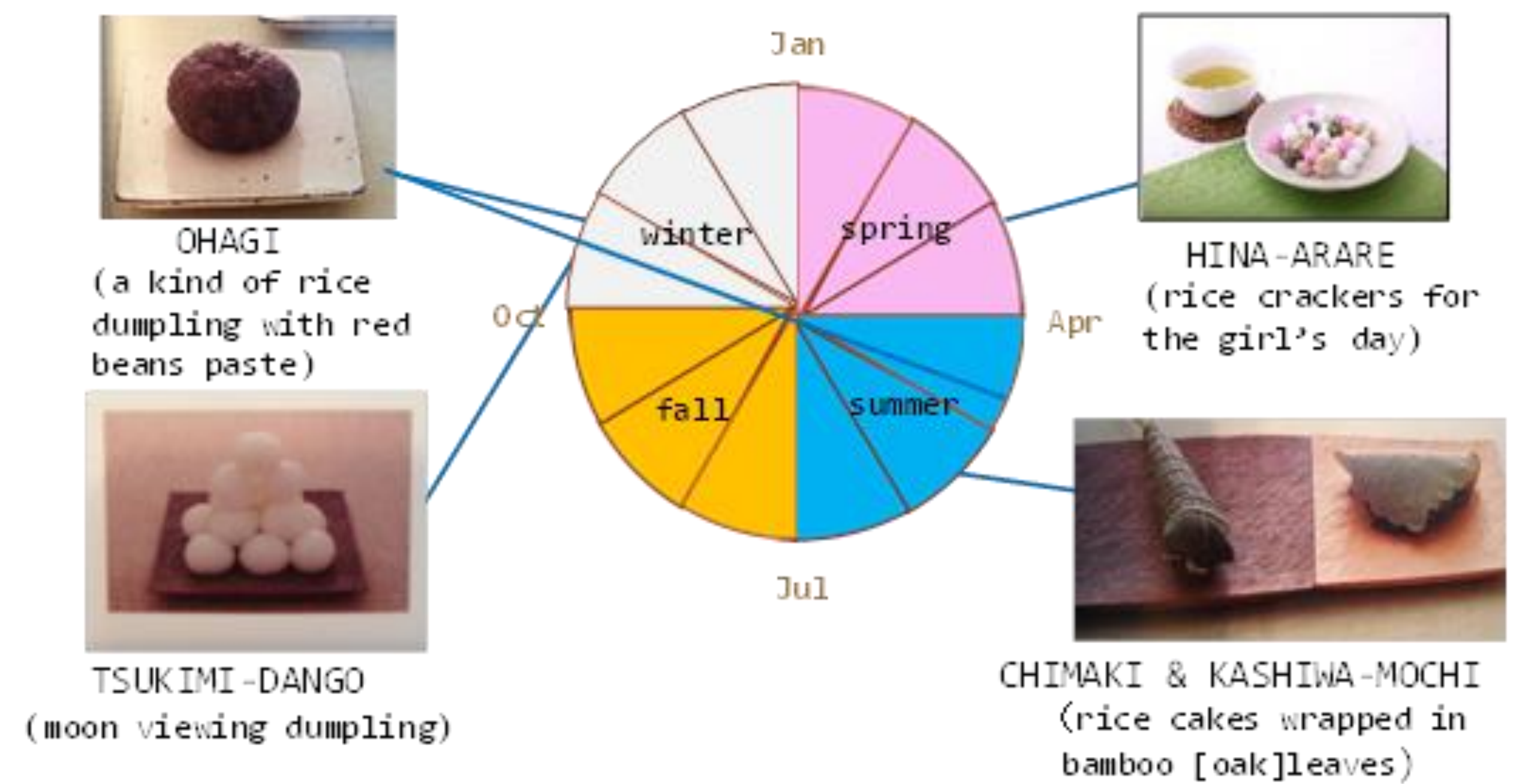
Winter



bud, coming out of hibernation, song

Winter WAGASHI make us feel coming of spring.

II, Annual events and WAGASHI



III, Difference between Western-style cake and Japanese cake

Western

- fresh cream
- butter
- cheese
- gelatin

animal source ingredients

Japanese

- azuki (beans)
- rice
- agar

vegetable source ingredients

III. CONCLUSION

The colors and shapes of WAGASHI are related to the Japanese 4 seasons. So we can pleasantly feel the seasons even when we are in a room. And we can understand and feel the mood of the seasons through WAGASHI. The Japanese have their own deep feelings for nature. We call this feeling 情趣.

III. REFERENCES

BOOK:

- KANETSUKA. K. 『季節を作るわたしの和菓子帳』 (2013) 東京書籍会社
- 『美・職・技 和菓子』 (2010) グラフィック社
- TAKAHASHI. S. 『和菓子の魅力-素材特性とおいしさ』 (2012) 建帛社